

Frost Dates and Moon Planting

Frost Dates

It is always a good idea to be mindful of the local frost dates when planting your spring garden. Oftentimes if you plant before the last frost date, your seedlings can be destroyed or on direct planting your seeds may not germinate. Frost dates by zip code can be found on the DIG it website. The site links to the Farmer's almanac page which is <https://www.almanac.com/gardening/frostdates>.

Moon Planting

Historically, farmers and gardeners have 'Planted by the Moon'. It is believed that the gravitational pull of the moon helps seeds to germinate more robustly and plants to grow in a more sturdy and hardy fashion. You can view the Planting date calendar from Farmer's almanac at this link <https://www.almanac.com/gardening/planting-calendar>. This calendar shows when to plant by zip code based on Frost Dates and by Moon phase. Some science does not believe this planting method to be entirely reliable, but farmers and home gardeners have used this age method for ages.

For Example: Plant **annual flowers** and **fruit and vegetables that bear crops above ground** (such as corn, tomatoes, watermelon, and zucchini) during the **waxing** (from the day the Moon is new to the day it is full) of the Moon. Plant flowering bulbs, biennial and perennial flowers, and vegetables that bear crops below ground (such as onions, carrots, and potatoes) during the waning (from the day after it is full to the day before it is new again) of the Moon